

IN AN EMERGENCY REQUIRING POLICE RESPONSE, DIAL "911"  
 Nassau County Mobile Crisis Team  
 60 Charles Lindbergh Boulevard Uniondale, NY 11553 (516)227-8255

**Adult Resources**

**If you need emergency psychiatric assistance, you can go directly to any of the following hospitals 24 hours a day, and obtain emergency assistance and/or an evaluation:**

Nassau University Medical Center (NUMC), 2201 Hempstead Turnpike, East Meadow	(516) 572-4775
Franklin Hospital Medical Center, 900 Franklin Ave, Valley Stream	(516) 256-6000
Long Island Jewish Medical Center, 270-05 76 <sup>th</sup> Ave, New Hyde Park	(718) 470-7500
Mercy Medical Center, 1000 North Village Ave, Rockville Centre	(516) 705-2304
North Shore University Hospital at Manhasset, 300 Community Drive- Inpatient Psychiatric Service	(516)562-0100
South Nassau Communities Hospital, 1 Health Way, Oceanside	(516) 632-3000
Syosset Hospital, 221 Jericho Turnpike, Syosset	(516) 496-6400

Zucker Hillside Hospital, 75-59 263<sup>rd</sup> Street, Glen Oaks (718) 470-8100

**Do not wait for a crisis situation to develop which requires emergency police intervention**

**Instead, here is a list of local organizations and services that can provide you with help:**

National Alliance on Mental Illness (24-Hour hotline for referral, information and support, M-F 10am-6pm)	(800) 950-6264
Al-Anon (Program on recovery for families of alcoholics)	(516) 433-8003
Alcoholics Anonymous (Alcohol Self-Help Referral Service)-361 Hempstead Tpke, West Hempstead	(516) 292-3040 292-3045
SAMHSA's National Helpline – 1-800-662-HELP (4357)	1-800-662-HELP (4357)
Nassau County Drug and Alcohol Hotline (24/7)	(516) 481-4000
Family Anonymous (Support for families with the problem of substance abuse in their children)	(800) 736-9805

Gamblers Anonymous (Gamblers Addiction Self-Help Referral Service)	(631) 586-7171
Narcotics Anonymous (Narcotics Addiction Self-Help Referral Service)	(516) 827-9500
National Suicide Hotline (24-hour Suicide Hotline)	(800) 273-8255
Nicotine Anonymous (Self-Help Referral Service to assist with smoking cessation)	(631) 665-0527

**Mental Health and Crisis Services:**

Crisis Residential Services for Adults	(516) 676-2388
Charles Evans Center	(516) 676-2388

Long Island Crisis Center (24-Hour Crisis Hotline)	(516) 679-1111
Project Warm Bed (Mon-Thurs 6pm-8am; Fri-Mon 6pm-8am) *** no more warmed project by this # any more. The phone # is for emergency service	(866) 927-6233**
Rape Hotline (Sexual Assault Nurse Examiner- Advocate)	(516) 222-2293
Safe Center Long Island (24-Hour Domestic Violence Hotline)	(516) 542-0404

**Adult Protective Services**

**A system of services for persons 18 or older who because of mental or physical impairment, are at risk of harm or unable to meet their own needs and have no one to assist them responsibly, services include:**

Adult Protective Services (APS)	(516) 227-8550 (516) 227-8395 (holidays & weekends)
Family-Type Homes for Adults (adults who need supervision and care)	(516) 227-8083
Financial Management Services (Adults who are unable to manage their finances)	(516)227-8083
Post Institutional Services (Dept. Mental Health and State private Hospital units to ensure proper discharge)	(516) 227-8488

Preventive Services (Assistance managing their Activities of Daily Living- ADL)	(516) 227-8405 or 8550
Protective Homemaking Services (Homemaking services provide in-home care service to prevent placement)	(516) 227-3505

**Assisted Outpatient Treatment (AOT):**

Court ordered intensive treatment planning consisting of an array of mental health services including, but not limited to, case management, outpatient psychiatric services, and medication management services (Applications must be submitted by a Mental Health Professional)	(516) 227-7507
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**Detoxification and/or Rehabilitation Centers (Substance and/or Alcohol):**

Family and Children's Association, 126 North Franklin Street, Hempstead	(516) 486-7200
Hispanic Counseling, 344 Fulton Avenue, Hempstead	(516) 538-2613
North Shore Child and Family Guidance, 999 Brush Hollow Road, Westbury	(516) 997-2926
North Shore University Hospital, 400 Community Drive, Manhasset (Outpatient Detox)	(516) 562-3010
North Shore University Hospital, 888 Old Country Road, Plainview (Rehab)	(516) 719-3000
South Shore Child Guidance Center- CARE, 91 Guy Lombardo Avenue, Freeport	(516) 868-3030
Turquoise House- Consumer Link (Peer run, For substance abuse) Uniondale, but never discloses actual address	(516) 489-0100

**Resources for Children and Adolescents**

**If you need emergency psychiatric assistance, you can go directly to any of the following hospitals 24 hours a day, and obtain emergency assistance and/or an evaluation:**

Nassau University Medical Center (NUMC), 2201 Hempstead Turnpike, East Meadow	(516) 572-4775
Zucker Hillside Hospital, 75-59 263 <sup>rd</sup> Street, Glen Oaks	(718) 470-8100

**Do not wait for a crisis situation to develop which requires emergency police intervention**

**Instead, here is a list of local organizations and services that can provide you with help:**

Alateen (Program for recovery for teens of alcoholics)	(516) 433-8003
Good Beginnings for Babies, North Shore Child and Family Guidance Center, 999 Brush Hollow Road Westbury ( <i>Support, Counseling, Advocacy, and Education for pregnant and parenting teens at the Leeds Place</i> )	(516) 997-2926
National Runaway Safeline (24-Hour hotline for homeless and at risk youth)	(800) 786-2929
Brave Line: Anti-Bullying Hotline: Mon-Fri 2:30PM-9:30PM	(212) 709-3222
Gay, Lesbian, Bisexual and Transgender National Youth Hotline	(800) 246-7743

**Mental Health and Crisis Services:**

Crisis Residential Services for Children, Mental Health Association, Nassau	(516) 489-2322 ext. 1318
South Shore Child Guidance **Sagamore Children's Center	(516) 868-3030 (631)370-1701

**Crisis Services:**

Child Abuse Hotline	(800) 342-3720
Nassau Haven (Emergency Short term housing and respite for ages 10-20 years, 24 hour referral)	(516) 221-1310
PINS: Person In Need of Supervision (Service for families in crisis- truancy, gang involvement, running away)	(516) 227-8404
Walkabout (Transitional Co-Ed Housing ages 16-20)	(516) 379-8251

**Advocacy:**

Long Island Advocacy Center (Advocacy for students and individuals with disabilities)	(516) 248-2222
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**Development Disabilities:**

Autism Speaks (Autism Response Team- Resources, Information, and Opportunities)	(888) 288-4762/ Spanish (888) 772-9050
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Office of Persons with Developmental Disabilities	(518) 474-3625
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**Respite Programs:**

Caregiver Grandparent Respite and Support Program, North Shore Child and Family Guidance Center, 999 Brush Hollow Road, Westbury	(516) 997-2926
Sagamore (Child and Adolescent Crisis Respite House ages 10-17) Referral Mon-Fri 8:30AM-5PM	(516) 370-1701
Wilderness Respite Program, North Shore Child and Family Guidance Center, 999 Brush Hollow Road, Westbury ( <i>Offers groups for youth at risk that emphasize outdoor activities as a gateway to mastery of social skills</i> )	(516) 997-2926

**Preventive Services:**

Preventive Services (Concrete Services, casework counseling and referral services provided)	(516) 227-8344 and/or (516) 227-8400
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**Care Coordination**

**Manage your healthcare needs including: Mental Health, Physical Health and Substance Abuse:**

Mental Health Association, 16 Main Street, Hempstead	(516) 489-2322
South Nassau Mental Health Counseling Center, 175 Fulton Avenue, Hempstead	(516) 485-5710

**Children's Housing:**

Lakeview House, Family and Children's Associations, 392 Holly Place, West Hempstead (Co-Ed homes ages 13- 18 must be referred through SPOA)	(516) 678-5991
MercyFirst- Merrick House, 2421 Babylon Turnpike, Merrick (Group home for males 8-13 with psychiatric diagnosis)	(516) 868-2050

**Residential Treatment Facilities:**

MercyFirst, 525 Convent Road, Syosset	(516) 921-0808
Madonna Heights Services, 151 Burrs Lane, Dix Hills (Group home for females 13-17)	(631) 643-8800

**Respite Programs:**

Adolescent Service Unit, 101 St. Andrews Lane, Glen Cove	(516) 674-1868
Drug Treatment of Education Center, 300 Community Drive (Detox, Outpatient Services)	(516) 562-0100
Freeport Pride, Inc., 33 Guy Lombardo Avenue, Freeport	(516) 546-2822
Long Beach Reach, Inc., 2-12 West Park Avenue, Long Beach	(516) 889-2332

Port Counseling Center, Inc., 225 Main Street, Port Washington (Detox by Referral)	(516) 767-1133
Southeast Nassau Guidance Center, Inc., 3375 Park Avenue, Wantagh	(516) 221-3030
Tempo Group, Inc., 112 Franklin Place, Woodmere	(516) 374-3671
(YES) Youth Environmental Services Community Services, 152 Center Lane, Levittown Massapequa office	(516) 719-0313 799-3203